VOLUNTEER
to make a difference.

www.samarthanam.org
Volunteering is a powerful way to give back to needy communities and empower the lives of individuals. At Samarthanam, we believe volunteers are the binding threads of change and are global assets for development and nurture of individuals and the larger society.

Mahantesh GK, Founder Managing Trustee

WHY VOLUNTEER WITH SAMARTHANAM?

- Get insightful, real-world experiences interacting with our students, beneficiaries
- Get involved in the lives and needs of the disabled community
- Give back to a cause you believe in
- Gain an opportunity to contribute to be part of the transformation of the lives of the disabled community
- Share your valuable skills and knowledge that can shape a future
- Make an impact. Help to empower. Be a catalyst for change

HOW LONG CAN YOU COMMIT FOR?

**GENERAL**

- No specific skill-set required
- Organize activities and sessions based on convenience
- Weekend activity minimum for a month and can extend up to one year
- Ex: Extra-curricular activities

**SKILL-BASED**

- Need for a specific skill set for training/mentoring programs
- Timed sessions based on the training requisites
- Time period varies based on the module. Weekly once for a month at minimum.
- Ex: Basics of mobile technology

WHAT DO WE PROVIDE TO OUR VOLUNTEERS?

- Inspiration, exposure to volunteers to be part of our unique programmes and offerings
- A learning experience through teaching and interacting with our community of the differently-abled, learning to communicate with sign language and helping them improve their performance.
- Opportunity to be part of large scale lifetime events such as blind cricket tournaments, walkathons and more
- Opportunity to develop skills, and enhance your CV
- References, certificates and mementos at the end of the volunteering term

VOLUNTEERING SIGNIFICANCE

- Volunteers play a key role in every project of Samarthanam
- Many responsibilities in each programme are carried out impeccably by volunteers
- Magnanimous events such as the T20 World Cup tournaments and the ODI matches have received a huge helping hand from volunteers across the country who stood by us during times when we had fallen short of resources
- Volunteers have helped our children/youth during examinations with special tuitions, offered assistance with personality development and helped in raising funds for the organization

"The best way to find yourself is to lose yourself in the service of others."  
**GANDHI**
**EDUCATION**
- Tutoring support to our school students
- Educational field trips/summer camp for the students
- Hobby classes [Art, craft, singing, dance etc]
- Intensive sessions on life skills
- Practical classes on social skills, self advocacy, self help and daily living
- Converting text books into audio format for the digital library
- Reader services at library
- Teaching industrial art, technology and scientific experiments
- Adaptive physical education to meet gross motor needs of the child
- Teaching MS office, Internet browsing and usage of various mobile applications
- Sessions on soft skills like personality development, time management and mock interview sessions towards the end of the training
- Corporate exposure visits
- Providing placement support
- Advocating the rights of people with disabilities to have full access to livelihood, training, income generation and employment opportunities

**SKILLING**
- Inculcate source segregation and recycling of dry waste
- Encourage donation of dry and e-waste among corporate groups, households, schools etc
- Door to door awareness campaigning and plantation drives
- Cleaning black spots at public places
- Vocational training
- Counseling
- Arranging activities and events
- Activities for building self esteem and confidence
- Supporting women in need with legal help or other interventions by networking with relevant organizations

**ENVIRONMENT**
- Inclusive dance workshops for the disabled
- Organizing theatrical workshops
- Teaching music and dance
- Arranging cultural activities outside venue
- Host cultural performance in India and abroad
- Assistance at venue during sports events
- ‘Cook-a-meal’ at our centralized kitchen and serve to our children
- Painting the school walls and premises
- Painting of flyovers and public walls
- Organizing a friendly cricket match between corporate employees and our blind cricket team

**REHABILITATION**
- Inclusive dance workshops for the disabled
- Organizing theatrical workshops
- Teaching music and dance
- Arranging cultural activities outside venue
- Host cultural performance in India and abroad

**ARTS AND CULTURE**
- Inclusive dance workshops for the disabled
- Organizing theatrical workshops
- Teaching music and dance
- Arranging cultural activities outside venue
- Host cultural performance in India and abroad

**SPORTS**
- Assistance at venue during sports events
- ‘Cook-a-meal’ at our centralized kitchen and serve to our children
- Painting the school walls and premises
- Painting of flyovers and public walls
- Organizing a friendly cricket match between corporate employees and our blind cricket team
An estimated one billion volunteers are freely giving their time to make a difference on the issues that affect them and their communities, often in the most difficult of circumstances.

We invite you to be part of the volunteering community at Samarthanam! Sign Up at www.samarthanam.org/volunteer-engagement-opportunities

Interested volunteers can visit the website
www.samarthanam.org

For more details on volunteering, contact
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